



South East  
Commissioning Support Unit

# IMPROVING THE HEALTH OF ISOLATED GROUPS

SOUTH EAST / CSU

# Housekeeping

- Fire exits and facilities
- Please silence your Blackberrys, iPhones, etc. during the session
- Documentation
- Workshop will last 1.5 hours (with post workshop conversations recorded)
- Comfort break half way through

# Introduction

- Your name
- Your role and organisation
- Why you came along today

# Pre workshop activity and reading

## Discovery Interview

Find someone you don't know and conduct a discovery interview based on the pre workshop reading

- Which part of the pre read did you enjoy the most?
- What's your biggest challenge when it comes to commissioning health resilience programmes which tackle isolation?

5 minutes each interview (I will prompt you after 5 minutes so that you can switch)

# Tower Hamlets and Redbridge experience – a walk through

<https://www.youtube.com/watch?v=eaEHrjAaTtQ>

**The Big Questions:  
ask the expert practitioner  
15 minutes**

# Peer Activity

# Future Visits...

Share contact details of Tower Hamlets and Redbridge, and any others in the room who want to share learning post workshop

Visit our website:

<http://participation.southeastcsu.nhs.uk/>



# Thank you and Feedback Forms