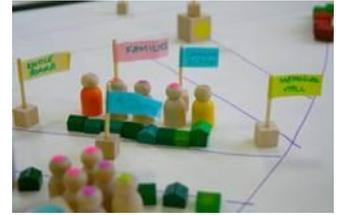


# Patients in Control: Putting it into practice

## 5<sup>th</sup> February



### Introduction

The final part of the Commissioning Differently programme takes the form of a **simulation**. This is an opportunity to explore the **challenges** associated with bringing together different stakeholders (commissioners, providers, and patients) interested in programmes and projects that put 'patients in control'.

The emphasis is on developing **innovative and persuasive responses** to declared commissioning intentions - learning about key **processes, relationships, practical considerations** associated with generating winning ideas rather than project detail or the specific long-term conditions involved.

The simulation involves developing and presenting an **early idea** regarding a project that will meet the challenge of **reducing the prevalence and impact of Type 2 diabetes and cardiovascular disease** through a **weight management programme**.

The information that is the basis of this simulation is intended to be realistic but should not be relied upon for any other purpose than learning. *Any similarity to real people or events is entirely coincidental* and aspects of the task (including a ideas proforma) have been simplified in order to accommodate this simulation within the time available.

### The simulation setting

**Where?** The setting for this session is a **Commissioning Challenge Event** called by Nantenwich CCG. The Challenge Event is taking place at **Nantenwich Central Library** in one of their workshop rooms.

**Why?** The CCG know that they want to commission a **Living Well Programme**, and they want the **principles of putting patients in control** to be at the heart of the programme.

The CCG has good links with some **local community organisations** but is keen to encourage **collaboration** and would particularly welcome conversations leading to **joint provider working with high levels of patient engagement**.

They have **no set views** at this stage over the details of the project, and they have brought people together to **develop initial ideas ahead of issuing a formal service specification**.

**Who?** The Commissioning Challenge Event involves health care providers, patient representatives, senior CCG staff and stakeholders from across the community.

**How?** The **process** for developing, approving and procuring a Living Well Programme that puts patients in control of their own health is as follows:

1. Initial CCG Consultation with patient representatives regarding the commissioning challenge
2. Preparation of a Challenge Outline
3. **Challenge Event to test thinking and develop ideas on 5<sup>th</sup> February**
4. Winning ideas used to inform a service specification
5. Procurement Process

