

# Young Parents Voice – Erewash CCG and Ripplez CIC

## About 'Young Parents Voice'

Working with social enterprise Ripplez CIC, 'Young Parents Voice' is a project which has been commissioned by Erewash CCG to gather feedback from vulnerable, teenage parents to develop local health service provision. The project will use a coaching and mentoring approach to develop their skills and confidence to control their own health and care.



This is a collaborative venture aimed at empowering young mums to influence the way local health services are delivered through co-design. Participants will engage in coaching and mentoring sessions followed by quality group workshops to gather their experience of health service provision. The project is being delivered in an area with one of the highest teenage pregnancy rates in the country.

The project will work directly with young teenage mothers aged 19 and under to:

- Capture their lived experience of barriers to accessing health services eg maternity, GP and A&E
- Identify new ways of commissioning healthcare and support for families and young people
- Engage with health service decision makers on an equal footing
- Empower young people with confidence through training, coaching and mentoring support
- Develop community advocates with a voice to support other young and vulnerable mothers

